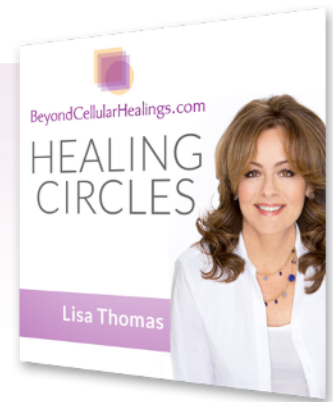




beyond cellular healings
with Lisa Thomas



Affirmations

Negative thoughts can be self-fulfilling prophecies. Repeating affirmations can help you replace negative thoughts with positive, specific statements to help you visualize, believe in, and manifest what you're affirming – to make positive shifts in your life.

Here are selected affirmations from our recent Healing Circle Call,
Belief in Miracles – Clearing Skepticism:

I now and always choose thoughts that heal and empower me. I will no longer allow negative thoughts to take away my power around money.

I am 100% deserving to work in a wonderful environment and to work with supportive people.

I am 100% deserving of having angels in my life.

I now release my need to punish my self for mistakes of the past. There are no limits to whom I can become and what I can achieve. I believe in Miracles.

What I focus on becomes bigger, I choose to focus with gratitude for what I have, to allow the miracle of more to occur.