



beyond cellular healings

with Lisa Thomas



To compliment the call these are your **HEALING AFFIRMATIONS!**

Negative thoughts can be self-fulfilling prophecies. Repeating affirmations can help you replace negative thoughts with positive, specific statements to help you visualize, believe in, and manifest what you're affirming — to make positive shifts in your life.

Here are selected affirmations from our recent Healing Circle Call.

New Day – New Beginning - Clearing your Past to Enjoy the Present

Speak these affirmations out loud and strong to change your results.

- I choose to let go of any and all fears, false beliefs and sabotages that keep me shackled to the negative thought patterns and living in the past or future.
- I am no longer addicted to the identity of atoning or suffering, I am allowing a new day, a new beginning, my transformation is beginning.
- I am easily inspired and self-motivated on a daily basis.
- I am 100% deserving of a new level of success in my present life, I am allowing a new level of success.
- I am no longer willing to hide behind my addiction to blaming and I am no longer addicted to the fear of taking responsibility.
- I am responsible at managing money, it feels great to meet all of my obligations, put money away and have extra to enjoy life.

If you have **questions**, please email me: lisa@beyondcellularhealings.com.

Much Love,

- Lisa

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