



beyond cellular healings

with Lisa Thomas



AFFIRMATIONS

Fear of being visible can show up in many different ways. The Fear of being “copied” for your bright ideas. The Fear of public speaking. The Fear of being seen with money. The Fear of being judged negatively because of success. These fears and more will be addressed during this Healing Meditation.

Many negative emotions like, ashamed, reluctant, and scared will be released to allow you to feel more confident when speaking in public and to experience a sense inner peace being visible.

Healing Meditation Affirmations for Business Success - Clearing the Fear of Being Visible



Whether I believe it or not, I can do hard things,
like speaking in public and being visible.



**I am 100% deserving of owning my life purpose of allowing my Soul
to be fed,** using my gifts and talents to help others and to
be compensated financially as a thank you.



**I am safe being seen, it serves my highest good to allow myself to
be seen for who I am,** I am safe being authentic. I am courageous,
I can do hard things, little or big.



I am moving forward, I am no longer connected to the old patterns of the past.
I am different, I am whole, I am allowing wonderful opportunities that serve my
highest good from positive, supportive people now and in the future.