



# LISA THOMAS

## Transforming Epigenetics: Activate your DNA for Greater Success

Through understanding epigenetics, and the effect of inherited experiences on an individual, we can transform a person's success trajectory.

Inherited emotional DNA can present itself through various fears, patterns, and belief systems. These often include fear of success, procrastination, fear of public speaking, anxiety, limiting money beliefs, relationship drama, and business stagnation.

Lisa's content is for audiences that want to take their lives to the next level. Discussion topics might include:

-  *Warning signs that inherited patterns are sabotaging your success*
-  *The most common challenges that can be traced back to inherited emotional blocks*
-  *How early experiences get imprinted energetically and play out throughout your lifetime*
-  *Ways that inherited patterns impact your confidence, success, finances, and relationships*
-  *Tips for identifying which patterns you may have inherited - and how to break free*
-  *3 ways that emotional blocks get trapped in your body and energy field*

 **LISA THOMAS**  
Energy Healing Expert

[www.lisathomasenergyhealing.com](http://www.lisathomasenergyhealing.com)

## About Lisa Thomas:

*"By releasing negative patterns, there is an empowering expansion of self-awareness in the individual. The key to transforming the future of our society is combining courage and vulnerability with collaboration and inclusion."*

— Lisa Thomas

Lisa Thomas is a sought-after epigenetics expert, speaker, author, and transformational leader who contributes to society by facilitating accelerated healing.

She has helped thousands of people worldwide achieve their business and life goals by releasing inherited emotional DNA, such as fear of success, fear of failure, anxiety, procrastination, fear of public speaking, limiting money beliefs, relationship drama, and business stagnation.

Lisa achieves this through private coaching, small group programs, Infinite Opulence - Healing Activation products, and her Soul Awakening Method™ certification for healers. She lives in Los Angeles, California with her husband, and family.

Lisa has been featured on Good Morning LaLa Land, Allie & You, Dare to Dream, Inspired Conversations, Spirit Purpose Energy, as well as other stages and podcasts. Her book, *Mistakes Into Money*, is available on Amazon.



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