





# LISA THOMAS

## Transforming Epigenetics: Activate your DNA for Greater Success

Through understanding epigenetics, and the effect of inherited experiences on an individual, we can transform a person's success trajectory.

Inherited emotional DNA can present itself through various fears, patterns, and belief systems. These often include fear of success, procrastination, fear of public speaking, anxiety, limiting money beliefs, relationship drama, and business stagnation.

Lisa's content is for audiences that want to take their lives to the next level. Discussion topics might include:

-  *Warning signs that inherited patterns are sabotaging your success*
-  *How early experiences get imprinted energetically and play out throughout your lifetime*
-  *Tips for identifying which patterns you may have inherited – and how to break free*
-  *The most common challenges that can be traced back to inherited emotional blocks*
-  *Ways that inherited patterns impact your confidence, success, finances, and relationships*
-  *3 ways that emotional blocks get trapped in your body and energy field*

# ABOUT EPIGENETICS EXPERT LISA THOMAS

*Lisa Thomas, creator of the acclaimed **Soul Awakening Method™**, is a leader in the transformation space and has helped thousands shift their lives by tapping into their **Epigenetics** and healing the wounds of the past that held them back from the lives they wanted.*

*She is an advocate for a powerful new future and is doing her part to help us reach it by helping her worldwide audience release the DNA coding that has passed down deep-seated fears and anxiety that have stopped them from creating the health, wealth, and relationships they crave.*

*Lisa is a personal consultant to many six-figure and multi-six-figure business owners, working with them to break free from the shackles of their inherited beliefs, allowing them to unleash their true capabilities, and have the global impact they know they are capable of.*

***Author** of the enlightening book "**Mistakes Into Money**," Lisa's influence is recognized globally in the media: She has been featured in **USA Today** and on **Good Morning LaLa Land**, amongst others, as well as many podcasts and stages around the world.*

 **LISA THOMAS**  
Inherited Energy Expert

[www.lisathomasenergyhealing.com](http://www.lisathomasenergyhealing.com)



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