








LISA THOMAS

Transforming Epigenetics: Activate your DNA for Greater Success

Through understanding epigenetics, and the effect of inherited experiences on an individual, we can transform a person's success trajectory.

Inherited emotional DNA can present itself through various fears, patterns, and belief systems. These often include fear of success, procrastination, fear of public speaking, anxiety, limiting money beliefs, relationship drama, and business stagnation.

Lisa's content is for audiences that want to take their lives to the next level. Discussion topics might include:

-  *Warning signs that inherited patterns are sabotaging your success*
-  *How early experiences get imprinted energetically and play out throughout your lifetime*
-  *Tips for identifying which patterns you may have inherited – and how to break free*
-  *The most common challenges that can be traced back to inherited emotional blocks*
-  *Ways that inherited patterns impact your confidence, success, finances, and relationships*
-  *3 ways that emotional blocks get trapped in your body and energy field*

 **LISA THOMAS**
Inherited Energy Expert

www.lisathomasenergyhealing.com

ABOUT GLOBAL EPIGENETICS MASTER LISA THOMAS



Lisa Thomas is a renowned **Global Epigenetics Master** and the creator of the transformative **Soul Awakening Method™** and Inner Empowerment Matrix™. With a focus on unlocking untapped potential, igniting radical growth, and activating global impact, Lisa has dedicated her career to guiding high-achieving individuals beyond the confines of conventional success to achieve profound personal and professional breakthroughs.

As an international mentor and keynote speaker, Lisa's insights into Epigenetics have revolutionized the approach to personal development and leadership. Her unique methods involve delving deep into inherited emotional DNA, enabling clients—from global business leaders to celebrities and emerging entrepreneurs—to overcome inherited limitations and realign their lives with their true purposes.

Author of the enlightening book "**Mistakes Into Money**," Lisa's influence is recognized globally in the media: She has been featured in **USA Today** and on **Good Morning LaLa Land**, amongst others, as well as many podcasts and stages around the world.

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